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ontrackTV signs Deal with the Traumatology Institute & Trauma Practice

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Nov 30th, 2018 Vancouver, BC – Quizam Media Corporation ("the Company") (TSX-V: QQ) is pleased to announce that it has signed a deal to provide online training, through ontrackTV.com, to the Traumatology Institute & Trauma Practice.

The Traumatology Institute & Trauma Practice is recognized by the Academy of Traumatology, the National Center for Crisis Management and Board Certified Expert in Traumatic Stress through the American Academy of Experts and is based in Toronto, Canada. CEO Dr. Anna Baranowsky was awarded leading female psychologist in 2016 by Esprit De Corp for her work with the military and is also a best-selling co-author of Trauma Practice. The institute focuses work on addressing trauma, relationships. professional development, mood and anxiety disorders.

CEO Dr. Anna Baranowsky states, "With Administrative, Technical, Clinical and Managerial team members, everyone needs to develop their skills in unique ways in order to be effective in their roles. Having a broad spectrum, rapidly deployable, on-demand training option for team members means they can become knowledgeable quickly. The Traumatology Institute and Trauma Practice focuses our resources on helping trauma survivors and providing specialized training, we have a limited budget for training programs and OntrackTV has offered us a great solution."

About ontrackty.com

ontrackTV is a wholly owned subsidiary of QUIZAM Media Corporation. ontrackTV uses high quality video and live instructors to deliver computer and Cannabis training online. Easy to follow lessons are structured into a library of hundreds of bite size, task led tutorials that support individuals with the training they need wherever and whenever they need it.

The CSE has not reviewed and does not accept responsibility for the adequacy or accuracy of this release. This news release may contain forward-looking statements including but not limited to comments regarding the timing and nature of potential acquisitions, joint ventures, partnerships, business dealings and financings, etc. Forward-looking statements address future events and conditions and therefore, involve inherent risks and uncertainties. Actual results may differ materially from those currently anticipated in such statements. Readers are cautioned not to place undue reliance on the forward-looking statements made in this Press Release.